

## Programme Structure

The Day Programme comprises group work supplemented by individual key work sessions.

Clients are expected to commit to attending the group programme on two full days per week for a 12-week period.

Group work includes educational, skills-based, creative and recreational groups.

All service users are also offered individual key work sessions. These sessions are used to set goals and plan client care, and to address needs which are not covered in the groups, such as issues related to housing, benefits and so on.

### Cocaine Users Group

We offer an evening group for cocaine users who are unable to attend during business hours.

Admission to the group is by referral and assessment. Please call the Day Programme to refer or use our standard referral from.

### Contact

The Bexley Day Programme can be contacted on:

**020 8294 6535;**

**020 8294 6540;**

**020 8294 6580**

We are located at:

**298 Broadway,  
Bexleyheath, DA8 8AH**

If you would like to know more about the services the Council provides, or would like either a translation of this document or the information in a different format, please call our Customer Contact Centre on 020 8303 7777 and press 0, quoting reference: 602709/01.07



# Bexley Day Programme (BDP)





## Overview

The Bexley Day Programme is a structured group work programme designed for people experiencing significant problems related to the use of drugs. Specifically, it aims to meet the needs of people who are:

- *18 years old or over*
- *Resident in the Borough of Bexley*
- *Able to commit to attending for two full days per week, plus an individual session on a third day, for a 12-week period.*
- *Dependent on Class A drugs (heroin, crack or cocaine); and/or*

- *Required to undertake treatment as part of a court order*
- *The programme is not suitable for people who are experimenting with drugs, using drugs for recreational purposes only, or whose major problem is related to alcohol.*

## Referrals

The Day Programme accepts referrals from any source, including self.

Referrals may be made by telephone or fax—if you would like a copy of our referral form please contact us on the number shown.

If you are uncertain whether the Day Programme is suitable for you or your client, please call us to discuss before making a referral.

## Assessment

The Day Programme offers an initial comprehensive assessment of a potential service users needs, exploring the various ways in which substance use is impacting on their lives. As part of this assessment, we work with individuals to decide whether they wish to change their pattern of substance use and in what way.

At the conclusion of the assessment we will decide whether the Day Programme is the right programme for the person at this time. If it is we will make an appointment for them to start in the programme. If the Day Programme is unsuitable, we will suggest other options.