

What you can expect

All service users are offered individual key work sessions. These sessions are used to set goals and plan client care, and to address needs which are not covered in the groups, such as issues related to housing, benefits and so on.

If you would like to speak to someone about treatment please call one of the contact numbers.

Cocaine Users Group

We offer an evening group for cocaine users who are unable to attend during business hours.

Admission to the group is by referral and assessment. Please call the Day Programme to refer or use our standard referral form.

Contact

The Bexley Day Programme can be contacted on:

020 8294 6535;

020 8294 6540;

020 8294 6580

We are located at:

298 Broadway,

Bexleyheath, DA8 8AH

If you would like to know more about the services the Council provides, or would like either a translation of this document or the information in a different format, please call our Customer Contact Centre on 020 8303 7777 and press 0, quoting reference: 602709/8.09



Bexley Day Programme (BDP)





Overview

The Bexley Day Programme is a structured group work programme designed for people experiencing significant problems related to the use of drugs. Specifically, it aims to meet the needs of people who are:

- *18 years old or over*
- *Resident in the Borough of Bexley*
- *Dependent on Class A drugs (heroin, crack or cocaine)*

Referrals

The Day Programme accepts referrals from any source, including self.

Referrals may be made by telephone or fax. If you are another professional agency we ask that you complete our referral form which we can e-mail or fax to you on request.

If you are uncertain whether the Day Programme is suitable for you or your client, please call us to discuss before making a referral.

Assessment

A key worker from the Day Programme will assess the service user to identify the best treatment option for that individual by exploring the various ways their substance use is impacting on their life. After a full assessment of need the client will be offered one of the following.

Structured Day Programme

Clients are expected to commit to attending the group programme on 2 full days for a 12 week period. Group work includes educational, skills-based, creative and recreational activities.

Evening Group

This group enables people who are working during the day and therefore are unable to attend the Structured Day Programme to receive help with their substance use. This group runs 1 evening per week from 6.15pm to 8pm.

Women's Group

Where women with drug dependency issues are encouraged to support one another in a safe environment. This group currently runs between 12.45pm and 2.30pm, 1 day per week.